



Protective Parenting Program

PENNSYLVANIA
FORENSIC
ASSOCIATES

PROGRAM OVERVIEW

The Pennsylvania Forensic Associates Parent Education Program focuses on enhancing parenting practices and behaviors, such as developing and practicing positive discipline techniques, learning age-appropriate child development skills and milestones, promoting positive play and interaction between parents and children, identification of healthy vs unhealthy relationships, and locating and accessing community services and supports.

All participants will participate in an evaluation for services.

PROTECTIVE PARENTING EVALUATION

The Protective Parenting Evaluation includes a Clinical Interview, Mental Status Examination and Assessments for personality, risk and parenting. Assessments utilized are discretionary based on the needs of the referred individual and may include substance abuse assessments, mental health assessments, etc.

PARENTAL CAPACITY EVALUATION

The Parental Capacity Evaluation includes a Clinical Interview, Mental Status Examination and Assessments for personality, risk and parenting. Assessments utilized are discretionary based on the needs of the referred individual and may include substance abuse assessments, mental health assessments, IQ testing, and neurocognitive screening.

A Clinical Polygraph is built into the cost of the evaluation (typically \$350). The initial clinical polygraph may not always occur within the initial evaluation period. This will be determined by PFA in collaboration with the referring agency. The parental capacity evaluation also includes cognitive testing.

Referred Participants will be provided individual sessions as well as group classes. Participants will be afforded the opportunity to learn through various modalities including talk therapy, role play, completion of written exercises and supplemental activities.

CURRICULUM TOPICS

- Identification of Core Beliefs
- Personal Parenting Autobiography
- Role Clarification
- Power and Control and Impact on Parenting
- Developmental Stages of Children
- Understanding Child Abuse Statistics
- Impact of Mother/Father Relationships and the Impact on Children
- Accountability (Identification of Thinking Errors, etc.)
- Parenting Safety Planning
- Breaking the Cycle – Supervision of Youth, Co-Parenting, Prioritizing Activities, Empathy, and Understanding
- Community Influences and Support Systems
- Parenting against Peer Pressure
- Control Thoughts and Behaviors
- Anger Management
- Attitudes towards Helping Professionals (Children and Youth, Police, etc.)
- Values Clarification
- Communication
- Positive Discipline

Monthly Written Progress Updates completed for each participant, as well as ongoing communication with referring agency worker. Court reports will be provided as requested.

This curriculum caters for one topic weekly/per session with a total of 26 weeks. Absences, holidays and tardiness in completing documentation are also not factored in this estimation.

The client's progress will be determined by five factors:

1. Self-Reporting

The ability to talk about the different choices currently being made.

2. Participation in Group, not just presence

The ability to ask questions, share personal thoughts and experiences, support for and confronting peer's perspectives.

3. Attitudes – Demeanor and Level of Involvement

The ability to talk appropriately and objectively about what has been learned in the group experience.

4. Accepting Responsibility – Explaining Empathy for Others

5. Mitigate Risk and Promote Healthy Family



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