



Violence Prevention and Batterers Intervention Adult Program

PENNSYLVANIA
FORENSIC
ASSOCIATES

Pennsylvania Forensic Associates provides violence prevention services which utilizes Cognitive-Behavioral Therapy and incorporates a range of evidence-based treatment strategies and structured psycho-education. A commitment to the Duluth Model Approach is emphasized not only in the focus of responsibility on the accountability of the offender, but also a shift in the focus of responsibility of victim safety from the victim to the community.

PROGRAM OBJECTIVES

- To put an end to the offenders' abusive behavior
- To challenge and dispel justifications for the use of violence through educational methods such as lectures and group discussion
- To change the learned behaviors of Domestic Violence and other criminal activities
- To hold the client accountable for all acts of abusive, intimidating and threatening behaviors

TREATMENT THEMES

- Effective Communication
- Sexual Respect
- Violence/Power and Control
- Escalation Prevention
- Maintaining a Healthy Relationship
- Trust
- Accountability
- Respect
- Compromise
- Using Positive Self-Talk
- Thinking Errors
- Empathy
- Healthy Communication of Feelings and Thoughts
- Letting Go

The Treatment Provider/Probation Officer Partnership Model:
**"Toward Successful Community Management
and Supervision."**

SERVICES INCLUDE:

- *Evaluation*
- *Lethality and Risk Assessment*
- *Specialized Individual and Group Therapy*
- *Community Safety and Prevention Planning*

TO MAKE A REFERRAL:

READING OFFICE (MAIN)

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BETHLEHEM OFFICE

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